

CAFÉ @heifer

Monday – Friday

Grab & Go—9 a.m. – 3 p.m.

Lunch Grill—11 a.m.— 2 p.m.

HEIFER SANDWICHES & MORE

All sandwiches served with Housemade Chips

Or for .75 cents more add one of our Chef Prepared Sides or Fries.

Grilled Chicken Fajita Ciabatta...649cal.....\$7.50

Grilled Chicken, Sautéed Poblano Peppers & Onions, Tomatoes & Green Leaf Lettuce, Southwest Ranch

Turkey Cranberry Club...695cal.....\$7.35

Smoked Turkey, Cheddar Cheese, Applewood Bacon
Crisp Lettuce & Tomato, Cranberry Aioli, 5-Grain Wheat or Country White

Southwest Black Bean Veggie Burger...685cal.....\$7.50

Kale, Tomato, Avocado & Pepper jack with Fresh Pico d' gallo
Served on Toasted Brioche Bun

Grilled Turkey Cobb Wrap...595cal.....\$7.50

Grilled Smoked Turkey, Tomato, Cucumber, Avocado, Spinach & Kale
Blue Cheese Drizzle, Spinach Wrap

Heifer's Cheeseburger...894cal.....\$8.50

**substitute a Portobello Mushroom for a Vegetarian option.*

Your choice of American, Havarti, Pepper jack, Swiss or Cheddar.

Lettuce, Tomato & Red Onion Served on the side

On The Farm Burger...915cal.....\$8.75

Brie Cheese, Orange Marmalade, Applewood Bacon, Spinach Greens & Fried Egg. Served on Toasted Brioche Bun

Philly Steak & Swiss...845cal.....\$8.00

Tender Chopped Sirloin, Caramelized Peppers & Onions Served on Toasted Sourdough Hoagie Roll.

Roasted Eggplant Melt...565cal.....\$7.50

White Bean Hummus, Roasted Peppers, Spinach Greens, Havarti Cheese
Balsamic Drizzle, Grilled on Lavosh Flatbread

Smoked Poblano Queso Blanco...375cal.....\$4.75

Award Winning Cheese Dip with Smoked Poblanos, Goat Cheese & Queso Blanco White Cheese. Served with House-fried Corn Tortillas. Yum!

HEIFER QUESADILLAS

Chicken, Bacon & Ranch Quesadilla...876cal.....\$7.50

Grilled Chicken, Cheddar, Applewood Bacon, Spinach & Ranch drizzle.

Served with Fresh Pico & Sour Cream

Roasted Portobello Quesadilla...635cal.....\$7.35

Grilled Portobello, Black Bean Corn Relish with Melted Havarti

Served with Fresh Pico & Sour Cream

****Consumer Advisory—consuming raw or under-cooked meats, poultry, shellfish or eggs may increase your risk of foodborne illness**

HEIFER PASTA

Pad Thai Pasta...640cal.....\$7.00

Udon Noodles, Bell Peppers, Zucchini, Squash & Mushrooms,
Coconut Sweet Chile Broth

Add Grilled Chicken....\$1.50

Add Sautéed Shrimp (4)...\$2.75

Add Grilled Salmon Filet 4oz...\$4.99

HEIFER SOUP

Heifer Signature Soups of the Day.....\$2.99

**See Soup Board for availability*

HEIFER FLATBREAD PIZZAS

Margarita Flatbread...520cal.....\$7.35

Fresh Mozzarella, Tomato, & Basil Pesto

Chipotle Ranch Chicken Flatbread...575cal.....\$7.50

Cilantro Lime Ranch, Sautéed Bell Peppers, Green Onion, Mozzarella & Cheddar Cheese

Buffalo Bleu Chicken Flatbread...585cal.....\$7.50

Grilled Chicken, Buffalo Sauce, Mozzarella Cheese & Bleu Cheese Crumbles

HEIFER SALADS

**-add grilled chicken \$1.50, sautéed shrimp \$2.75 or
grilled salmon filet \$4.99**

Strawberry & Butternut Salad...524cal.....\$6.25

Spring Mix, Strawberries, Roasted Butternut Squash, Blue Cheese,
Red Onion, Bell Peppers and Toasted Pecans, Raspberry Balsamic Vinaigrette

Fall Harvest Salad...565cal.....\$6.25

Spinach & Kale Greens, Roasted Brussel Sprouts, Quinoa, Chopped Bacon,
Apples & Poppy Seed Dressing

Southwest Salad ...557cal.....\$6.25

Arkansas Greens, Cheddar & Mozzarella Cheese, Black Bean & Corn Relish,
Fried Tortilla Strips, Southwest Ranch & Salsa

Healthier Choice...497cal.....\$7.50

A Scoop of Tuna or Chicken Salad on Field greens with Tomatoes,
Cucumbers and Balsamic Vinaigrette

****We source local 100% hormone free Chicken from Falling Sky Farms,
when available**

**Please see our board for all
specials & promotions!**

Call in or take-out orders (501) 907-8801